

**Golden Noorani Didar Preparations :: Resources for Holy Ramadan 2008
(September 1, 2008 to September 30, 2008)**

Source: http://salmanspiritual.com/ramadan_2008/

Ya Ali Madad! Ramadan Mubarak to all in this extended Golden Jubilee Year! This posting describes the inner meaning of ablutions and fasting. If one utters a prayer such as 'Ya Mowla grant us the knowledge of the truth (Haqqiqati ilm or Haqqiqati understanding)', then it is necessary to fast at this level for each of the 365 days of the year! Please read and reflect on the inner and deeper meaning of fasting.



Caption: "O moon-faced Beloved, the month of Ramadan has arrived.
Cover the table and open the path of praise."

Source: <http://www.amaana.org/ramadan/ramadan.htm>

Holy Ramadan

Ramadan is the ninth month of Arab and Islamic calendar. Fasting is prescribed for this month according to the following verse of the Holy Qur'an:

"The month of Ramadan in which was revealed the Qur'an, a guidance for mankind, and clear proofs of the guidance, and the Criterion (of right and wrong). And whosoever of you is present, let him fast the month, and whosoever of you is sick or on a journey, (let him fast the same) number of other days. Allah desires for you ease; He desires not hardship for you; and (He desires) that ye should complete the period, and that ye should magnify Allah for having guided you, and that peradventure ye may be thankful."
Picktall 2: 185

Teachings of Imam NOOR Mowlana Shah Mustansir bi'l-Ilaah II (a.s.)

In Pir Pandiyat-i Jawanmardi, Imam NOOR Mowlana Shah Mustansir bi'l-Ilaah II (a.s.) teaches us about external and internal ablutions and fasts, and enlightenment:

1. External and Internal Ablutions

"The ablution of the head means to keep oneself obedient to the Imam. The ablution of the hand is swearing allegiance (bay'at dadan) to the Imam of the time. The ablution of the foot is to advance along Imam's way in obedience to him. The ablution of the heart is to keep steady in affection for the Imam. The ablution of the tongue is to keep on continually remembering (dhikr) the Imam. The ablution of the eye is to have the chance of the didar of the Imam of the time." (page 61)

2. Fasting as a Lifestyle

"The whole year you must fast, just as ordinary Muslims (zahiriyan) fast for one month. The meaning of this fast is austerity. Control yourselves, keep yourselves away from bad qualities, evil and indecent actions and devilish acts, so that the mirror of your hearts may be gradually polished.

...—you must be patient, persevering in austerities, and keeping your inner self fasting as long as you live." (page 59-60)

3. Fasts for Inner Self

"Here we specify the parts of the fast of the inner self: the fast of the head means to treat one's own head with the same humility as the feet of other people, casting out from one's head the lust of superiority, greatness and pride, because greatness and superiority are only suitable to the all-great substance of the Truth (Haqq), who is eternal, the King of the Authority. The fasting of the eye means that one must keep away coveting looks from the women who are not lawful to one. The fasting of the ear means that one should abstain from listening to slander. The fasting of the tongue means that one should keep one's tongue from uttering abuse or slander. The fasting of the heart means to keep the heart free from doubt. The fasting of the foot is to hold one's foot back from a wrong step. The fasting of the hand is to keep all one's limbs away from treachery so that they may not do evil. This especially applies to one's tongue which must be kept from uttering lies. And there is no greater lie than the denial of (the existence of) the Imam, saying that he has disappeared." (page 59-60)

4. Preparing for the Eternal Life

" Therefore, O believers, if you want to be alive in both worlds, perfect your faith, because (only) by the light of faith may you attain eternal life. And faith comes from and is perfected by the recognition and knowledge (ma'rifat wa shinakht) of the Imam of the time, and obedience and love for his followers. Therefore, follow your Imam, and be happy and united with each other amongst yourselves in order that you may be alive in both worlds, and in the hereafter you may become resurrected with the pious, with prophets and saints in the presence of the Imam, with the greatest joy at meeting each other again. " (Pages 4-5)

Teachings of Imam NOOR Mowlana Shah Sultan Mahomed Shah (a.s.)

The following excerpts of two firmans of NOOR Mowlana Shah Sultan Mahomed Shah (a.s.) pertaining to the month of Holy Ramadan were published in a booklet titled 'Laila-Tul-Qadr' by Alwaez Abualy A. Aziz (Page 11, Read Know No. 50; Shia Imami Ismailia Association for Tanzania, Dar es Salaam):

1. Month of Ramadan

"Now I am going to tell you about Iba'dat (worship). Always worship God. This is the month of Ramadan. In this month do more iba'dat. Every hour, every minute remember God. Do not forget Him. If you have forgotten Him and have become lazy then take heed that I am reminding you to remember and worship Him." Kalame Imame Mobin Volume 1, page 23.

2. The True Spirit of Fasting

"The life in this world is of two days (meaning a short time). So you should think of getting purified through worship of God. A true momin does not fast only during the month of Ramadan but all 365 days of the year. He does not commit any sin during all these 365 days of the year. This is the true spirit of fasting. It is not (the spirit) of fasting not to eat anything and indulge in evil acts at the same time. It is an illusion." Kalame Imame Mobin Volume 1, page 168.

Pertinent Resources for Holy Ramadan 2008

Item	MP3 Track/Document	Singer/Artist/Author	Resource
01	Ayatul Kursi and Angelic Salwat MP3 Tracks and Supporting Documents	Sheikh Abdul Bassit/Kamal Taj/Noorallah Juma	Download MP3 & PDF Docs
02	Golden Noorani Didar Dhikr CD (15 mp3 tracks)	Noorallah Juma	Download PDF
03	Gems of Knowledge and Zikr for Holy Ramadan 2006	Noorallah Juma	Download PDF
04	Gems of Knowledge and Zikr for Holy Ramadan 2005	Noorallah Juma	Download PDF
05	Text, translation and audio for the whole Holy Quran	Many Experts	quranexplorer.com
06	Ayatul_Kursi.mp3	Sheikh Abdul Bassit Abdul Sumed	Download MP3
07	Durood_O_Salaam.mp3	Kamal Taj	Download MP3
08	33_Salwat.mp3	Noorallah Juma	Download MP3

09	The Concept of Angelic Salwat and Conditions for Harnessing Its Full Potential	Noorallah Juma	Download PDF
10	Anant Akhado mp3 tracks and Supporting Documents	Shafiq Rawji/Noorallah Juma	Download MP3 & PDF Docs
11	Anant Naa Nav Chhuga mp3 tracks and Supporting Documents	Shafiq Rawji/Noorallah Juma	Download MP3 & PDF Docs
12	Moti Venti mp3 tracks and Supporting Documents	Shafiq Rawji/Noorallah Juma	Download MP3 & PDF Docs
13	Lailtul Qadr Preparation Tips	Noorallah Juma	Download PDF
14	Prayers derived from 99 Beautiful Names of Allah ('Asmaaa-'ul-Husnaa)(Holy Quran 59:22-24)	Noorallah Juma	Download PDF

Ardent Prayer

May our beloved NOOR Mowlana Hazir Imam, through the knowledge and barakat of the Holy Qur'an, Holy Ginans, Ayatul Kursi and Angelic Salwat, grant the global Jamat luminous (noorani) and spiritual (ruhani) ta'id (help) to advance materially, spiritually and intellectually. May Mowla bestow Sunshine in our hearts, light in our foreheads, and the inner vision of the Truth in our intellects. Ameen.

Peace, barakat, light, tayid, Golden Jubilee and Golden Noorani Didars,
Noorallah Juma
August 27, 2008